

# HEARTSONGS

## Voicing the Desires of the Heart

**ANNE QUINN, MS, CASAC**

A popular and dynamic workshop leader and teacher, Anne specializes in holistic health and personal renewal. Anne is a consultant to numerous hospitals, businesses, and organizations throughout the greater New York area. Anne has also been a consultant to Mohonk Mountain House & Health Spa for the past 19 years.



During this workshop you will create a visual expression of the deep desires of your heart. Take home a personal, one-of-a kind, masterpiece reflecting your playfulness, creativity and inner woman unleashed. Play with images, paint, markers and more. All supplies provided.

**CAROLE HEANEY**

**"Delight yourself in the Lord and He will give you the desires of your heart." -Psalm 37:4**

The deep desires of our hearts live in silence, in the secret place buried inside of us. We do not speak of them. Not even to our closest friends. Not to our lovers. Our heart's desires are rarely uttered. For fear of disappointment. For fear of dreams that DON'T come true. For fear of living out our entire lives without having our deepest desires be revealed to us. Operative word, FEAR. But dreams buried alive never DIE. Wont you join us at the edge of Spring, the time of new beginnings, rebirth and awakenings, as we speak into our lives the dreams we have held in silence for so long. Now THIS is a gift to give to yourself, to give to your HEART.



**MARCH 23, 24, & 25, 2018**

**BATH AVENUE HOUSE**

**37 BATH AVENUE OCEAN GROVE, NJ**

**\$525 Single/ \$425 Double Occupancy**

**For more information contact Anne Quinn at: [Anneliz2@verizon.net](mailto:Anneliz2@verizon.net)**